A World of Tastes with My Plate

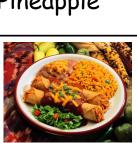
Mexico

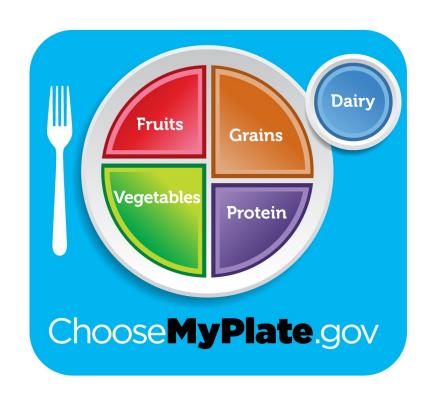
Popular Fruits and

Vegetables:

Squash Sweet Potato Avocado Tomato

Mango Pineapple





Common Herbs and Spices:

Oregano
Cilantro
Cinnamon
Chiles
Cocoa



